



dms rehabilitation & movement re-patterning

With Dynamic Movement Skills we try to re-educate the movement patterns interrupted after injury or surgery. We do this by stimulating the neuropathways.

We have used the Movement Re-patterning Module with Adults with:

- Movement Dysfunction
- Neurological Issues
- Seniors – Fall Prevention

For:

- Movement & Motor Re-education after injury or surgery
- Muscle Activation & Recruitment
- Delay of onset of neuromuscular fatigue
- Neuromuscular Stimulation



dms kids

We don't believe that every child develops movement in the same way, but we do believe that every child can develop to be the best they can be, if they are taught how. The Dynamic Movement Skills™ System prepares kids for competitive sport by providing the ability to develop their motor skills through the DMS programme irrespective of their level.

DMS Improvements are made in:

- Develops gross motor skills
- Improves Balance
- Improves co-ordination
- Better body control
- Improves concentration
- Functional Movement Re-Education